



**US YOUTH SOCCER ODP GIRLS  
NATIONAL TRAINING CAMP  
'02, '01, Age Groups**



Reach 11 Sports Complex: Phoenix, AZ  
2425 E. Deer Valley Road  
January 22-25, 2016

**Friday, January 22**

8:30am-10:30am	02 Scramble Team Training - <u>Directional Possession</u> : Fields 11, 12, 14
9:00am-11:00am	02 Scramble Team Training - <u>Directional Possession</u> : Fields 15, 16
9:30am-11:30am	01 Scramble Team Training - <u>Directional Possession</u> : Fields 17, 18
8:30am-11:30am	01 & 02 Goalkeeper Training: Field 13
1:30pm-3:30pm	02 Functional Training: Fields 11, 12, 14
2:15pm-4:15pm	02 Functional Training: Fields 15, 16
3:00pm-5:00pm	01 Functional Training: Fields 17, 18
1:30pm-5:00pm	01 & 02 Goalkeeper Training: Field 13

**Saturday, January 23**

8:30am-10:30am	02 Scramble Team Training - <u>Defending to Attack</u> : Fields 11, 12, 14
9:00am-11:00am	02 Scramble Team Training - <u>Defending to Attack</u> : Fields 15, 16
9:30am-11:30am	01 Scramble Team Training - <u>Defending to Attack</u> : Fields 17, 18
8:30am-11:30am	01 & 02 Goalkeeper Training: Field 13
1:30pm-3:30pm	02 Functional Training - <u>Small Sided Games</u> : Fields 11, 12, 14
2:15pm-4:15pm	02 Functional Training - <u>Small Sided Games</u> : Fields 15, 16
3:00pm-5:00pm	01 Functional Training - <u>Small Sided Games</u> : Fields 17, 18
1:30pm-5:00pm	01 & 02 Goalkeeper Training: Field 13

**Sunday January 24**

8:30am-10:30am	Mixed Scramble Team Games: Fields TBA
9:00am-11:00am	Mixed Scramble Team Games: Fields TBA
9:30am-11:30am	Mixed Scramble Team Games: Fields TBA
1:30pm-3:30pm	02 Scramble Team Training - <u>Topic identified from AM game</u> : Fields 11, 12, 14
2:15pm-4:15pm	02 Scramble Team Training - <u>Topic identified from AM game</u> : Fields 15, 16
3:00pm-5:00pm	01 Scramble Team Training - <u>Topic identified from AM game</u> : Fields 17, 18
1:30pm-5:00pm	01 & 02 Goalkeeper Training: Field 13

**Monday, January 25**

8:30am-10:30am	02 Team Training - <u>Transition to counter attacking</u> : Fields 11, 12, 14
9:00am-11:00am	02 Team Training - <u>Transition to counter attacking</u> : Fields 15, 16
9:30am-11:30pm	01 Team Training - <u>Transition to counter attacking</u> : Fields 17, 18
8:30am-11:30am	01 & 02 Goalkeeper Training: Field 13
1:30pm-3:30pm	02 Small Sided Games: Fields 11, 12, 14
2:15pm-4:15pm	02 Small Sided Games: Fields 15, 16
3:00pm-5:00pm	01 Small Sided Games: Fields 17, 18