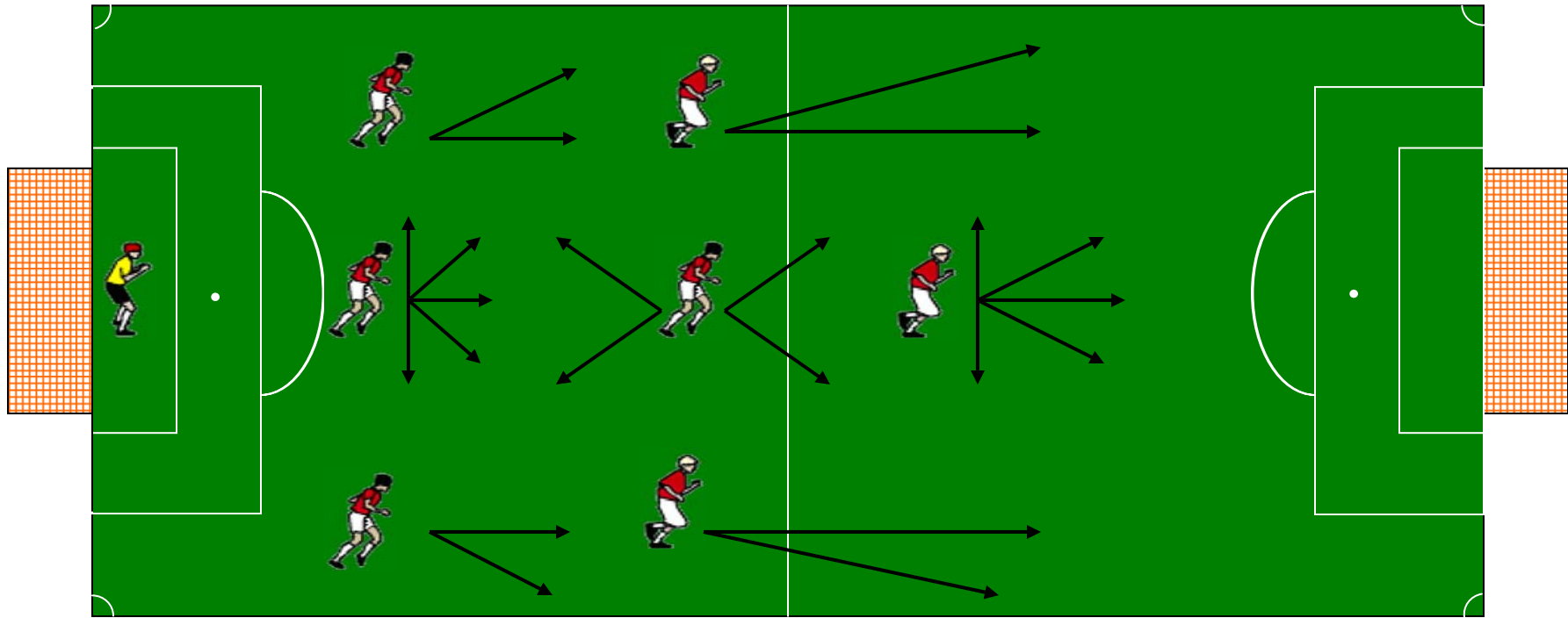




## Kentucky Youth Soccer Association Systems of Play 8 v 8



**3-3-1 (1- Goalkeeper, 3 Defenders, 3 Midfielders, 1 Strikers)**

### STRENGTHS

- \* Greater ability to play forward to a target player quickly
- \* Increased option to pressurize teams in their own half
- \* Effective against teams with a slow sweeper or an unskilled zonal system
- \* Allows fullbacks to over-lap into the attack, and create width going forward

### WEAKNESSES

- \* Decreased opportunity to play out from the back
- \* Isolated attacker may receive little support and poor service
- \* Flat back three or marking backs with sweeper can easily lose defensive integrity
- \* Center midfield may become outnumbered and can be isolated in the middle of the field
- \* Allows the opponents to build up out of the back

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