



**Kentucky Youth Soccer Association
Coach Education Lesson Plan**



TECHNICAL ASSESSMENT CHARTS

The charts below provide you with a guideline on how the players performed in the technical assessments during the try-outs. These charts are broken down per age and coincide with the activities on the Try-Out Technical Assessment Lesson Plan.

U10 Scoring Table

Running with the Ball		Turning		Speed		Dribbling		Passing/Shooting	
Time	Pts	Time	Pts	Time	Pts	Time	Pts	Score	Pts
Under 4.6	5	Under 25.0	15	Under 12.9	5	Under 14.0	15	16 & Up	10
4.6 - 4.9	4	25.0 - 28.9	12	13.0 - 13.5	4	14.0 - 17.9	12	15	8
5.0 - 5.8	3	29.0 - 31.9	9	13.6 - 14.6	3	18.0 - 19.9	9	12 - 14	6
5.9 - 6.5	2	32.0 - 36.9	6	14.7 - 15.9	2	20.0 - 21.9	6	9 - 11	4
6.6 & Up	1	37.0 & Up	3	16.0 & Up	1	22.0 & Up	3	Under 9	2

U11 Scoring Table

Running with the Ball		Turning		Speed		Dribbling		Passing/Shooting	
Time	Pts	Time	Pts	Time	Pts	Time	Pts	Score	Pts
Under 4.4	5	Under 24.0	15	Under 12.5	5	Under 13.0	15	16 & Up	10
4.4 - 4.7	4	24.0 - 27.9	12	12.5- 12.9	4	13.0 - 16.9	12	15	8
4.8 - 5.5	3	28.0 - 30.9	9	13.0- 14.2	3	17.0 - 18.9	9	12 - 14	6
5.6 - 6.0	2	31.0 - 34.9	6	14.3- 15.5	2	19.0 - 20.9	6	9 - 11	4
6.1 & Up	1	35.0 & Up	3	15.6 & Up	1	21.0 & Up	3	Under 9	2

U12 Scoring Table

Running with the Ball		Turning		Speed		Dribbling		Passing/Shooting	
Time	Pts	Time	Pts	Time	Pts	Time	Pts	Score	Pts
Under 4.3	5	Under 22.0	15	Under 11.0	5	Under 12.0	15	17 & Up	10
4.3 - 4.5	4	22.0 - 25.9	12	11.0- 12.5	4	12.0 - 14.9	12	16	8
4.6 - 5.3	3	26.0 - 28.9	9	12.6- 13.8	3	15.0 - 16.9	9	13 - 15	6
5.4 - 5.7	2	29.0 - 32.9	6	13.9- 15.1	2	17.0 - 19.9	6	10 - 12	4
5.8 & Up	1	33.0 & Up	3	15.2 & Up	1	20.0 & Up	3	Under 10	2

U13 Scoring Table

Running with the Ball		Turning		Speed		Dribbling		Passing/Shooting	
Time	Pts	Time	Pts	Time	Pts	Time	Pts	Score	Pts
Under 4.2	5	Under 19.0	15	Under 9.6	5	Under 11.0	15	17 & Up	10
4.2 - 4.4	4	19.1 - 23.9	12	9.6 - 12.1	4	11.0 - 12.9	12	16	8
4.5 - 5.2	3	24.0 - 27.9	9	12.2 - 13.4	3	13.0 - 16.9	9	13 - 15	6
5.3 - 5.5	2	28.0 - 31.9	6	13.5 - 14.7	2	17.0 - 18.9	6	10 - 12	4
5.5 & Up	1	32.0 & Up	3	14.8 & Up	1	19.0 & Up	3	Under 10	2



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U14/U15 Scoring Table

Running with the Ball		Turning		Speed		Dribbling		Passing/Shooting	
Time	Pts	Time	Pts	Time	Pts	Time	Pts	Score	Pts
Under 4.1	5	Under 18.0	15	Under 8.6	5	Under 10.0	15	17 & Up	10
4.1 - 4.3	4	18.0 - 21.9	12	8.6 - 11.1	4	10.0 - 11.9	12	16	8
4.4 - 5.1	3	22.0 - 24.9	9	11.2 - 12.4	3	12.0 - 15.9	9	13 - 15	6
5.2 - 5.5	2	25.0 - 27.9	6	12.5 - 13.7	2	16.0 - 17.9	6	11 - 12	4
5.5 & Up	1	28.0 & Up	3	13.8 & Up	1	18.0 & Up	3	Under 11	2

The table below is a scoring system which can be used for all age groups. Players can be rated by using this system as well as providing coaches with more substances in backing up their decisions.

Total Points	Credits
47 & Over	5
36 - 46	4
26 - 36	3
16 - 36	2
15 & Under	1