



Summer Soccer Academy

2019 Welcome Packet

Thank you for selecting the MSYSA Summer Soccer Academy for your summer camp experience this year!

The mission of the MSYSA Summer Soccer Academy is to provide training that focuses on the four pillars of the game (technical skills, tactical skills, physical and psychological) to those players who not only love the game of soccer, but wish to enhance their abilities and commitment to the sport. MSYSA is committed to providing each attending player with an outstanding camp experience.

Our coaching staff is comprised of ODP coaches. All of our coaches are licensed and experienced. They understand the developmental needs of our players and promote a positive and proactive approach to training based on each player's age, skill and developmental level. Having fun, while learning and making new friends, are primary components to the Academy's overall mission of player development. We will also have a certified Athletic Trainer at each session to manage any injuries that might occur.

Please review the information contained in this document and don't hesitate to reach out with any questions. I look forward to meeting each of you at the camp this Summer in Hagerstown!

Yours in soccer,

Gandalf French

MSYSA Programs Director

Programs@msysa.org



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The 2019 MSYSA Summer Soccer Academy will be held at the Saint James School (17641 College Rd, Hagerstown, MD 21740). Saint James School is not only beautiful - it is also safe and secure. The residential halls, auditorium, dining hall, gymnasium, and athletic facilities are perfect for our summer soccer academy with only a short walking distance between facilities.

Sample Schedule ([Campus Map](#)):

Sunday:

2:00 - 4:00 pm.	Check In (#13 Alumni Hall Gym) <i>Please be prompt. Dorm roommate requests noted on your registration form will be honored. No changes the day-of will be made without Directors approval.</i>
4:30 - 5:00 pm	Parent, Player and Meet the Staff Meeting (#11 Kerfoot)
5:00 - 5:45 pm	Dinner <i>Bring gear for training</i> (#11 Kerfoot)
6:15 - 6:30 pm	Assemble for training/Orientation (main turf stadium with gear)
7:00 - 8:30 pm	Evening Session
9:00 - 9:45 pm	Snack Bar Open (#13 Alumni Hall Gym)
10:00 pm	Lights Out

Monday - Thursday:

7:00 am	Rise and Shine
7:45 - 8:45 am	Breakfast
9:15 am	Assemble for training
10:00 - 11:30 am	Session #1
12:00 - 12:45 pm	Lunch
2:00 - 3:30 pm	Session #2
3:30 - 4:00 pm	Daily competition (stadium)
5:00 - 5:45 pm	Dinner
6:15 pm	Assemble for training
7:00 - 8:30 pm	Session #3
9:00 - 9:45 pm	Snack Bar Open (#13 Alumni Hall Gym)
10:00 pm	Lights Out

The Academy will close after Thursday morning's session (9:30am 4v4 tournament, please watch!) with pick-up at the dorms from 11am - 1pm. After 1pm there will be a fee for any remaining campers. For those attending as a Day Camper only: drop off at 9am and pickup at 9pm- both at (#13 Alumni Hall Gym), Sunday drop off/pickup will be 6pm (#11 Kerfoot).



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Check in information:

Please bring each of the following items to the camp check in on Sunday.

- **Medication administration authorization form.** This form is [linked here](#) and must be filled out for EACH medication that your player will be bringing to the camp and handed in at check in. Please note that this form is only valid if signed by a medical professional. Our camp follows the COMAR (MD law) regulations for a *self administration of medication*. This means that your player is responsible for taking their medication under the supervision of a non-medically trained adult. All medication (except emergency self-carry) will be stored in a safe location by an adult staff member. Emergency medication that requires self-carry (epi-pens, inhalers, etc.) is also approved but must still have a form filed at check in for each medication.
- Check for lost key fee. All campers need to provide a check in the amount of \$50 at check in. This will be returned at the end of camp when you return the room key.



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Player packing list:

Please label all clothing and personal items. This is a four-day overnight experience so please pack accordingly. Each player will receive four (4) Academy shirts and an appropriately sized soccer ball. Please be sure to bring the following items:

- Toiletries (e.g. soap, toothbrush and toothpaste, floss, deodorant etc.), towel etc.
- Bedding (residential hall beds are twin size) including sheets and pillows
- Clothes for downtime, your favorite jersey(s), Soccer Shorts, Soccer Socks, Shin Guards,
- Cleats and indoor shoes *Players will play inside in the event of inclement weather.*
- Slides or Flip Flops *Players can not wear cleats inside.*
- Sunscreen
- Water Bottle or Small Jug *Water and ice will be available at ALL training venues.*
- Portable Fan *Players rooms have AC.*
- Cash to be used at the Snack Bar (including healthy options and pizza etc.) in \$1/\$5 denominations only! *Players will keep cash on hand and manage it themselves as a learning experience throughout the camp.*
- Cell Phone. *Players may use their cell phone EXCEPT while walking to/from training and while at training or meetings.*
- [Pizza Order Forms](#) *Players can order pizza each night from Monday-Wednesday*